



## WHAT TO EXPECT and BRING

### What to Expect

The 4 days will be busy with many activities to help you meet new people, learn more about the legislative process, and have your voice heard by your elected representatives in the State Senate and Assembly.

Transportation will be by bus, so prepare for a long ride, especially those of you from Southern California. Wear comfortable clothes for the ride and prepare for some warm temperatures. Sacramento can be anywhere from the mid 80s to 110 in the summer.

We will be staying at UC Davis, in dorms. You will share a dorm room with 1 other person with a shared bathroom in the hall. While we will do our best to make sure you are rooming with people from your communities it is possible that we will ask some people to room with youth from other communities.

While there will be a lot of work, there will also be a lot of fun. We are organizing an concert Saturday night and many cultural and art activities throughout the weekend.

### Dress

Friday, Saturday, Sunday- These days are **casual**. We will be in trainings and preparing for legislative visits in our groups. Dress **comfortably**.

Monday- You will receive a **Free Our Dreams Polo Shirt** when you arrive, so please plan to wear that with **khakis, nice pants or a skirt**. No jeans or sneakers, they are not allowed on the Assembly or Senate Floor. **Dress shoes\*** please.

### What to Bring

- Dress Pants (Khakis, Slacks, etc) for 1 day
- Casual clothes for 3 days
- Comfortable clothes for your bus ride

- Gym clothes, running shoes (appropriate to what activities you want to participate in)
- Comfortable clothes for your ride home
- Toiletries (don't forget a toothbrush)
- Pajamas (you'll be sharing a room)
- A pen and notebook for taking notes
- Business cards if you have them

\*Since we will be walking quite a bit to and from the Capitol and in the Capitol, if you wear high heels, please also bring a pair of flats to walk to and from the capitol in.